



## PRIVATE SWIM LESSONS

- ✓ 30 Minute Lessons
- ✓ Children & Adults
- ✓ Heated indoor pool

### Member Rates:

1 Lesson	\$30
3 Lessons	\$85
5 Lessons	\$140
10 Lessons	\$250

### Non-Member Rates:

1 Lesson	\$35
3 Lessons	\$100
5 Lessons	\$165
10 Lessons	\$300

Partner lessons available- ask front desk for details



**CATAWBA VALLEY  
MEDICAL CENTER**

F I T N E S S X P L U S

Call **828.326.3680** for more information